



Chess  
University – 18

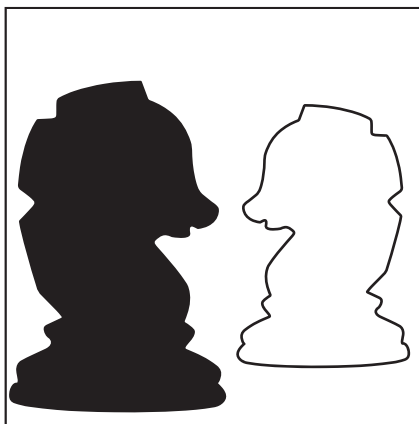
**Victor GOLENISHCHEV**  
**TRAINING PROGRAM**  
**FOR JUNIORS AND**  
**3<sup>RD</sup> CATEGORY PLAYERS**

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**(ELO RATING UP TO 1400)**

*EDITOR-IN-CHIEF:*

**ANATOLY KARPOV**



**Translated from the Russian original by KEN NEAT**

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Training program for juniors and 3rd category players (ELO rating up to 1400) by Victor Golenishchev.

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Editor-in-chief: Anatoly Karpov, multiple world champion.

Edited and translated from the Russian original by Ken Neat.

Typeset by Andy Elkov.

This book is both an excellent manual for independent study, and a valuable instructional aid for chess trainers and teachers. Many experts even consider that nothing better of its kind has been written. As a program for training chess players, it was developed by Victor Golenishchev, a USSR master and honoured trainer. Golenishchev's programs (the present book, and also the programs for 2nd category, 1st category and candidate master) still retain great methodological value and are successfully employed in chess teaching. It is noteworthy that the present work is extremely popular not only with our trainers, but also with foreign experts. The present edition of this classic book has been updated with numerous examples from the games of the best players of recent years, and reflects modern views on chess. The editor-in-chief is the multiple world champion Anatoly Karpov.

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## CONTENTS

Foreword.....	6
Teaching plan .....	7
Guidelines for the teaching plan.....	9
<b>Lesson 1.</b> Introduction.....	11
<b>Lesson 2.</b> Chess notation.....	11
<b>Lesson 3.</b> Pawn promotion.....	13
<b>Lesson 4.</b> The en passant rule .....	15
<b>Lesson 5.</b> Castling.....	17
<b>Lesson 6.</b> The value of the pieces and pawns.....	20
<b>Lesson 7.</b> Some drawing instances.....	22
<b>Lesson 8.</b> Checkmate with the major pieces.....	26
<b>Lesson 9.</b> Checkmate with the major pieces (conclusion) .....	28
<b>Lesson 10.</b> Checkmate exercises.....	30
<b>Lesson 11.</b> How to begin the game .....	32
<b>Lesson 12.</b> How to begin the game (conclusion) .....	34
<b>Lesson 13.</b> What to do after the opening.....	36
<b>Lesson 14.</b> Exploiting a big material advantage .....	38
<b>Lesson 15.</b> Exploiting a big material advantage (conclusion).....	40
<b>Lesson 16.</b> The rule of the square .....	41
<b>Lesson 17.</b> King and rook's pawn against king .....	45
<b>Lesson 18.</b> King and non-rook's pawn against king.....	47
<b>Lesson 19.</b> Exploiting geometric motifs .....	50
<b>Lesson 20.</b> Pin .....	53
<b>Lesson 21.</b> Pin (conclusion).....	56
<b>Lesson 22.</b> Double attack .....	59
<b>Lesson 23.</b> Discovered attack .....	62
<b>Lesson 24.</b> Discovered check.....	64
<b>Lesson 25.</b> Double check .....	67
<b>Lesson 26.</b> What is meant by a combination. Combinations based on the diagonal action of bishops.....	70
<b>Lesson 27.</b> The bishop sacrifice on h7 (h2) .....	72
<b>Lesson 28.</b> Knight combinations .....	74
<b>Lesson 29.</b> Knight combinations (conclusion) .....	77
<b>Lesson 30.</b> Pawn combinations.....	80
<b>Lesson 31.</b> Pawn combinations (conclusion) .....	82

<b>Lesson 32.</b> Major piece combinations.....	84
<b>Lesson 33.</b> Major piece combinations (conclusion) .....	86
<b>Lesson 34.</b> Typical combinations based on piece coordination .....	90
<b>Lesson 35.</b> Typical combinations based on piece coordination (conclusion) .....	92
<b>Lesson 36.</b> Decoy or luring combinations .....	94
<b>Lesson 37.</b> Blocking combinations .....	97
<b>Lesson 38.</b> Diverting combinations .....	100
<b>Lesson 39.</b> Square-vacating combinations .....	103
<b>Lesson 40.</b> Line-freeing combinations.....	104
<b>Lesson 41.</b> Interference combinations .....	108
<b>Lesson 42.</b> Defence-eliminating combinations .....	111
<b>Lesson 43.</b> Combinations to seize control of a point .....	114
<b>Lesson 44.</b> Destructive combinations .....	117
<b>Lesson 45.</b> Combinations with a mixture of ideas.....	120
<b>Lesson 46.</b> Chess problems.....	123
<b>Lesson 47.</b> Traps .....	126
<b>Lesson 48.</b> Attack on the uncastled king .....	129
<b>Lesson 49.</b> Attack on the uncastled king (conclusion) .....	131
<b>Lesson 50.</b> Attack on the king with castling on the same side.....	133
<b>Lesson 51.</b> Attack on the king with castling on the same side (conclusion) .....	135
<b>Lesson 52.</b> Attack on the king with castling on opposite sides.....	136
<b>Lesson 53.</b> Attack on the king with castling on opposite sides (conclusion) .....	138
<b>Lesson 54.</b> Endgame features. The conversion of an extra pawn in pawn endings.....	140
<b>Lesson 55.</b> Outside passed pawn.....	143
<b>Lesson 56.</b> Protected passed pawn.....	145
<b>Lesson 57.</b> Queen against pawn.....	147
<b>Lesson 58.</b> Queen against pawn (conclusion).....	149
<b>Lesson 59.</b> Some instances of a draw with a big material advantage .....	151
<b>Lesson 60.</b> Elementary rook endings .....	153
<b>Lesson 61.</b> Some techniques in rook endings .....	155
<b>Lesson 62.</b> Endings in which a bishop is stronger than a knight .....	156
<b>Lesson 63.</b> Endings in which a knight is stronger than a bishop .....	158
<b>Lesson 64.</b> Endings with like-coloured bishops.....	161
<b>Lesson 65.</b> Endings with opposite-coloured bishops .....	163
<b>Lesson 66.</b> ‘Good’ and ‘bad’ bishops.....	165

<b>Lesson 67.</b> Strong and weak squares .....	167
<b>Lesson 68.</b> Pawn weaknesses .....	170
<b>Lesson 69.</b> Open files .....	172
<b>Lesson 70.</b> 7th (2nd ) rank.....	175
<b>Lesson 71.</b> How to study the opening .....	179
<b>Lesson 72.</b> How to study the opening (continuation) .....	181
<b>Lesson 73.</b> How to study the opening (continuation) .....	182
<b>Lesson 74.</b> How to study the opening (continuation) .....	183
<b>Lesson 75.</b> How to study the opening (conclusion) .....	184

## FOREWORD

This program is intended for the teaching of chess in schools and junior clubs, and is aimed at trainers, teachers and club organisers, working with young chess players.

The program assumes that the pupils know the moves of the pieces and understand the aim of the game, although the more complicated rules will be unfamiliar to them.

The teaching plan is aimed at 75 lessons (twice a week, each of two hours) – a total of 150 hours.

The scheme of a lesson is roughly as follows: checking of home assignment, explanation of theoretical material, recording by the pupils of the home assignment and a practical part. The length of the theoretical part of the lesson should not exceed 20-30 minutes, since most of the pupils will be in junior school classes. Chess attracts them above all as a game, and in an effort to cover too much the teacher may kill the keen interest of the young listeners.

A certain lack of time for studying theory can be compensated by involving the children in independent work with a book. In this respect it is very useful to arrange competitions, with the awarding of suitable chess literature to the winners. Teachers working with children should remember that the purpose of the classes is not only to give them a certain amount of knowledge and raise their playing standard, but mainly to instill a love of chess and independent work on the game.

## TEACHING PLAN

Topics studied ..... Number of lessons

### I. Elementary chess concepts

1. Brief history. The board and the pieces. The rules determining the conduct of play .....	1
2. Chess notation .....	1
3. Complicated rules .....	3
4. The value of the pieces and pawns .....	1
5. Some drawing instances .....	1
6. Mate with the major pieces .....	2
7. Checkmate exercises .....	1
8. How to begin the game.....	2
9. What to do after the opening .....	1
10. Exploiting a big material advantage.....	2
11. King and pawn against king .....	3
<b>Total.....</b>	<b>18</b>

### II. Tactics

1. Tactical devices .....	7
2. Combinations. The most typical combinative possibilities of the different pieces.....	10
3. The classification of combinations by ideas.....	10
4. Chess problems.....	1
5. Traps.....	1
6. Attack on the king.....	6
<b>Total.....</b>	<b>35</b>

### III. Endings

1. Simple pawn endings.....	3
2. Queen against pawn .....	2
3. Some instances of a draw with a big material advantage.....	1
4. Elementary rook endings.....	2
5. Minor piece endings.....	4
<b>Total.....</b>	<b>12</b>